

SSL Coach Packet

June, 2009

Quantity	Item
1	Coaches Packet Contents List (This Sheet)
1	Dual Meet Schedule
1	Conduct of Meet Guidelines
1	Safety Procedures / Unofficial Heats
1	Stroke and Turn Rules Summary
1	SSL Stroke and Turn Rules Interpretation
1	SSL Pools Information Sheet
1	Dual Meet Order of Events
100	Roster Change Cards
17	Roster Sheet Set - Dual Meet
1	Sportsmanship Trophy Ballot & Rules
1	Team Representative Packet Contents List

Additional copies and other documents available online at:

<http://www.sslswim.org/coach.htm>