SSL Referee Class 2022

Class Registration

- Registration for this class by putting the following information in the Chat box
 - Name
 - Team (the pool name, not the mascot)
 - Phone number
 - Email
- Email and phone number are not published and are needed to communicate to you
- Availability for Time Trials & Champs will be through the SSL website and/or email.

SSL 2022

- The format of SSL meets will return to the "normal" format last swum in 2019
- Three divisions:
 - Red and White have 6 teams
 - Blue is 5 teams (Valleybrook is not opening)
- Every team will swim 8 dual meets, boys and girls together. All meets count in the standings (no cross-over meets)

SSL 2022

- In the Blue Division, Glasgow Pines may be swimming exhibition meets or may swim exhibition during dual meets at Oakwood Valley and Penn Acres (6 lanes)
- There may be triple dual meets
- 4 nights of Time trials (July 17 to 20) and Champs on July 23
- Details on the SSL website sslswim.org
- Sign up will be communicated later

SSL 2022

- Teams swim in alternating lanes
- 2 timers per lane
- 25 y/m races start in deep end timers will move from end to end
- 100 y/m relays start and finish in the shallow end

SSL 2022 Rule Changes

- Coaches must assign lanes on the rosters submitted to the scoring table. Can change with Change Cards.
- Each team provides a Clerk of Course to the common ready bench.
 - Both to these are improvements from 2021.
- SSL Rules are on the website. Please review to refresh your memory and see administrative changes.

SSL 2022 Interpretation Changes

- 8 & Under and 6 & Under Backstroke finishes
 - The swimmer is "allowed to roll slightly past he vertical as the touch is made. A clear rollover to the breast followed by the touch is disallowed."
 - Benefit of the doubt, but will be called more tightly than in the past. More like breast stroke and butterfly finishes
- 8 & Under Medley Relay Freestyle swimmers
 - They may roll onto their back to rest or breath.
 - When on their back they may scull or kick so they don't sink, but they may not "swim backstroke – e.g. no alternating arm pulls"

SSL 2022 Interpretation Changes

8 & Under Relays

- If a swimmer remains in the pool at the completion of their leg of the relay and does not exit the pool immediately, there should be no DQ for not exiting the pool immediately.
- If the swimmer remaining in the pool causes another swimmer to violate the rules, the DQ should be called.

SSL Officials Training

- Must attend a yearly SSL Officials class to work as a Referee, Starter, or Stroke and Turn Judge at dual meets, Time Trials, and Champs
- Classes are tailored to Referees and Starter,
 Experienced S&T, and New S&T
- There may be a Starter Class Saturday June 11 in the morning. Need a pool, swimmers, starting system, and interest.
 - This does not count as the required SSL officials class.

At a Meet

- There may be some officials who have not officiated since 2019, and there will be new officials. Spend some time at the officials briefings to review things that are obvious.
 - If a S&T official observes a violation of the rules, raise their hand until recognized.
 - If a S&T official observes a violation of the rules, but believes the violation has already been called, raise their hand and report it to the Referee

At the Meet

- The 3 questions:
 - What did you see?
 - What rule was violated?
 - Where were you positioned to make the call?
- The Referee will determine if there is a Disqualification or not
- Benefit of the doubt goes to the swimmer

At the Meet

- DQs must be recorded on a DQ slip
 - Print your name
 - Referee must sign and deliver to the score table
 - DQs MUST go through the Referee
- USA Swimming form on the SSL DQ form

At the Meet

- S&T officials should make a DQ call based on what they saw, not what they didn't see.
- Example if you see a swimmer in the Breaststroke only touches with the right hand and you observe that the left hand never came closer to the wall than 6 inches, make the call. If you never saw where the left hand was, no call.

During the Meet

- Things to discuss during the meeting
 - Review jurisdictions
 - Rotation of officials: when to rotate and which direction
 - Assignments for Relay Takeoffs, and positioning
 - Walking the side in 'L' or 'Z' shaped pools

Officials Positioning

- Backstroke turns and finishes at the end of the pool
- For all strokes, at the edge of the pool on side or at the end
 - Get wet
- When working from the end of the pool, in the middle of the lanes in your jurisdiction
 - Same position if 1, 2 or 3 swimmers

SSL Stroke & Turn Rule Interpretations

- See SSL guideline Stroke & Turn Interpretations 2022
- 6 & Under and 8 & Under Swimmers
 - Applies to dual meets only, not Time Trials and Championships

Stroke & Turn Rule Interpretations

- All swimmers
 - Butterfly arm recovery
 - Touches in Breaststroke and Butterfly
 - 15 Meter Marks
 - Handicapped and Disabled Swimmers

Other Topics

- If there are any Sportsmanship issues, please notify your Team Rep and email the SSL President and me with the details. If warranted, the Team Rep can submit a Code of Conduct Resolution Form.
- Concussion Protocol address any possible head injuries
 - If in doubt, sit them out safety is top priority

In a 50 or 100 y/m breaststroke event, the S&T official signals a potential violation. The official tells you the swimmer should be DQ'd because they did a flip turn, which is not allowed in breaststroke.

 During a butterfly event, the S&T officials signals a potential DQ. They tell you the swimmer should be DQ'd because they did 2 kicks for every stroke during the swim (i.e. after multiple kicks prior to the first stroke).

 In a Red Division meet, the scoring table reports a swimmer was entered in 4 events, but did not swim in the first event, but did swim in the other 3 events.

First meet of the season, working with a
Referee and a Starter, in the first heat of 13&O
50 freestyle, after the start the Starter reports
to the Referee they observed a false start in
lane 2 and wants to confirm that with the
Referee.

• In the 100 y/m Individual Medley, the Referee observes a swimmer at the beginning of the 4th leg push off the wall on their back and take several butterfly kicks before rolling to the breast and swimming crawl with alternating legs and arms.

• In the 200 Medley Relay, at the intermediate turn of the 4th swimmer, the swimmer pushes of the wall on their back, then rolls to the vertical body position before taking their first stroke. The rolling is initiated by changing the relative position of the legs.

In the 200 Freestyle relay, when the 4th swimmer leaves the wall after the intermediate turn, they are on their back and take several alternating kicks before rolling to their breast.

Questions

- Don't forget to register and include contact info in the Chat box
- Have fun
- Ask questions and work hard at being a good official
- Remember that we are all here for the children
- Thank you for being an SSL official